Essentials Of Understanding Abnormal Behavior

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this comprehensive textbook presents a thorough understanding of abnormal psychology with a focus on the integration of psychology biology and health and is supported by interactive learning features for undergraduate students

in understanding abnormal child psychology students will learn about both normative and abnormal development throughout children s lives consistent with previous editions several themes run throughout the book developmental psychopathology children s and adolescents behaviors are on a continuum from very adaptive to very maladaptive with only the very severe ends of the spectrum being conceptualized as disorders diversity inclusion and understanding special attention is given to issues of race ethnicity gender family constellation religious orientation primary language socioeconomic status and physical differences to help students see the commonalities and differences of abnormal child behavior within a cross cultural and international context new to the 4th edition completely revised in both structure and content to reflect the dsm 5 increase coverage of risk factors related to long term effects of sexual abuse and bullying increased coverage of diversity to include new diversities that have emerged as important i e transgender children new research on suicide and suicide prevention

this brief text offers the same sociocultural focus multicultural emphasis topical coverage and engaging style of its parent text in a condensed student friendly format the wealth of visuals case studies and examples combine with thorough new research making the text a comprehensive tool for students of abnormal psychology engaging pedagogical aids help students grasp and retain material coverage also features proposed changes in the apa s dsm 5 definition of mental disorders and its implications including its change of focus from a categorical to a dimensional system of personality assessment chapter outlines provide a topical overview while focus questions guide students to seek their own answers as they read the chapter case studies highlight issues of mental health and mental disorders using actual clinical files to illuminate topics with more than 1 600 new references this edition is thoroughly updated in its research and coverage the fresh design makes the text even more approachable and appealing to students it is accompanied by a helpful support package for instructors and students

this textbook provides a highly readable account of the current state of knowledge of the origins and nature of many psychological disorders

addresses two primary questions what causes psychopathology and which treatments are most effective in preventing or reducing psychological suffering uses four paradigms or points of view to study abnormal psychology biological psychoanalytic learning and cognitive also uses the humanistic and existential paradigm when therapy is at issue new to this edition an account of dsm iv the impact of cultural diversity on the categorization etiology and therapeutics of diverse disorders such as posttraumatic stress eating and borderline personality includes case studies full color line and photographic illustrations

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